



2019 Over-the-Counter Catalog

**As a member of Independence Blue Cross,
you have a \$30 Over-the-Counter (OTC) benefit
every quarter.**

This benefit allows you to get OTC items you may need. Be sure to use your benefit before the end of every quarter. Simply call 1-844-271-8565 (TTY: 711), or go online at www.ibxmedicare.com/otc, or mail your completed order form. Your order will be shipped directly to your door.

Quarter 1: January 1 - March 31, 2019

Quarter 2: April 1 - June 30, 2019

Quarter 3: July 1 - September 30, 2019

Quarter 4: October 1 - December 31, 2019

Remember to keep this catalog.
You will want to reference this catalog each time you place your order.

Information on how to place your order can be found in the back of the catalog.

Item #	Product	Packaging	Strength	Price
Allergy, Cold, Flu, Decongestant & Sinus				
1361	All-Nite Cold/Flu	4 oz	12.5 mg, 30 mg, 650 mg	\$6.50
1360	Cepacol Sore Throat Lozenges	16 ct	-	\$8.00
1090	Cetirizine HCL Allergy Relief	14 ct	10 mg	\$7.00
1008	Chlorpheniramine Maleate Antihistamine	100 ct	4 mg	\$8.00
1166	Cough & Cold for High Blood Pressure	16 ct	-	\$7.00
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$3.00
1182	Cough Drops, Sugar Free, Cherry	25 ct	5.8 mg	\$4.00
1833	Cough Drops, Honey Lemon	30 ct	-	\$3.00
1834	Cough Drops, Menthol	30 ct	-	\$3.00
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$6.00
1323	Diabetic Tussin DM	4 oz	-	\$9.50
1009	Diphenhydramine Antihistamine	24 ct	25 mg	\$6.00
1308	Diphenhydramine Antihistamine	100 ct	25 mg	\$10.00
1180	Guaifenesin Cough Expectorant	60 ct	200 mg	\$10.00
1806	Irritation Relief Eye Drops	15 ml	-	\$9.50
1611	Loratadine Allergy Relief	100 ct	10 mg	\$14.50
1178	Mucus Relief DM Expectorant & Cough Suppressant	30 ct	400 mg, 20 mg	\$10.00
1357	Multi-Symptom Cold Formula	24 ct	10 mg, 5 mg, 325 mg	\$8.00
1881	Nasacort	60 spray	-	\$24.00
1091	Nasal Decongestant Spray, 12 Hour	1 oz	0.05%	\$6.00
1931	Nasal Rinse Kit, Saline	1 kit	-	\$18.00
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$5.50
1176	Sore Throat Lozenges, Cherry	18 ct	-	\$5.00
1904	Sore Throat Spray, Cherry	6 oz	-	\$7.00
1164	Vapor Rub	3.5 oz	4.7%, 1%	\$7.00
Antacids & Acid Reducers				
1313	Alka-Seltzer	36 ct	-	\$11.00
1006	Antacid / Anti-Gas Liquid	12 oz	-	\$7.50
1346	Antacid Chewables	150 ct	500 mg	\$7.00
1314	Effervescent Pain Relieve	36 ct	-	\$7.00
1108	Famotidine Acid Reducer *	30 ct	10 mg	\$7.50

Item #	Product	Packaging	Strength	Price
1970	Omeprazole Acid Reducer *	42 ct	20 mg	\$26.00
1900	Ranitidine Acid Reducer	30 ct	75 mg	\$7.50
1800	Simethicone Anti-Gas Chewables	100 ct	80 mg	\$8.00
Anti-diarrheal, Laxatives & Digestive Health				
1316	Beano	30 ct	-	\$9.00
1128	Bisacodyl Enteric Coated Laxative	100 ct	5 mg	\$6.50
1045	Bismatrol Chewable Tablets	30 ct	262 mg	\$7.50
1126	Docusate Sodium Stool Softener	100 ct	100 mg	\$8.00
1733	Enema	4.5 oz	-	\$5.50
1124	Ex-Lax	8 ct	15 mg	\$8.00
1125	Glycerin Suppository	25 ct	2 gm	\$7.00
1067	Lactase Capsules	60 ct	9000 FCC units	\$10.00
1133	Loperamide HCL Anti-Diarrheal *	12 ct	2 mg	\$6.00
1354	Methylcellulose Fiber Therapy	16 oz	-	\$17.00
1011	Milk of Magnesia	12 oz	400 mg	\$6.50
1340	Natural Vegetable Laxative	13 oz	-	\$10.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$11.00
1318	Pink Bismuth	8 oz	525 mg / 30 ml	\$7.00
1012	Polycarbophil Fiber Tablets	90 ct	625 mg	\$12.00
1130	Senna Plus Stool Softener Plus Laxative	60 ct	8.6 mg, 50 mg	\$7.00
Anti-fungal & Anti-itch				
1142	Bactine Solution	4 oz	-	\$10.00
1144	Caldyphen Clear Lotion Local Analgesic	6 oz	1%	\$8.00
1047	Clotrimazole Antifungal Athlete's Foot Cream	1.5 oz	1%	\$9.50
1140	Diphenhydramine HCL / Zinc Acetate Anti-Itch Cream	1 oz	-	\$6.00
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.00
1874	Medicated Antifungal Foot Powder Spray	4.6 oz	-	\$10.50
1135	Miconazole Nitrate 2% Antifungal Cream	1 oz	2%	\$9.00
1046	Terbinafine HC Antifungal Cream	.5 oz	1%	\$11.50
1064	Tolnaftate Antifungal Cream	1.25 oz	1%	\$7.00
Cold Sore & Medicated Lip Products				
1152	Abreva	2 gm	10%	\$24.00
1256	Blistex Lip Ointment	6 gm	-	\$5.00

Item #	Product	Packaging	Strength	Price
1153	Herpecin-L Lip Balm	.1 oz	1%	\$10.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$22.50
Dental & Denture Care				
1817	Biotene Dry Mouth Oral Rinse	16 oz	-	\$13.00
1747	Denture Brush	1 ct	-	\$6.00
1032	Denture Cleaning Tablets	40 ct	-	\$7.00
1653	Efferdent Plus Mint Tablets	36 ct	-	\$9.00
1843	Effergrip Denture Cream Adhesive	2.5 oz	-	\$9.00
1187	Fixodent	.75 oz	-	\$6.50
1751	Interdental Flossups	90 ct	-	\$5.50
1454	Orajel Pain Relief	7 gm	20%	\$11.00
1286	Oral Pain Relief	.5 oz	20%	\$7.00
1324	Polident Denture Cream	3.9 oz	-	\$9.00
1892	Polident Overnight	84 ct	-	\$12.00
1455	Reach Waxed Dental Floss - Mint	55 yd	-	\$4.00
1746	Tongue Cleaner	1 ct	-	\$6.00
1413	Toothbrush, Colgate, Adult Soft	1 ct	-	\$3.00
1412	Toothbrush, Tek Pro, Angled Soft	1 ct	-	\$3.00
1831	Toothpaste, Colgate	4 oz	-	\$6.00
1838	Toothpaste, Crest Sensi-Relief	4.1 oz	-	\$9.50
1414	Toothpaste, Pepsodent	5.5 oz	-	\$4.00
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$5.00
1716	Toothpaste, Ultrabrite Advanced Whitening	6 oz	-	\$6.00
Diabetes				
1839	Diabetic Skin Relief Foot Cream	3.4 oz	-	\$12.00
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	-	\$9.00
1957	Diabetic Socks, Black, Large 3-pack	3 pair	-	\$9.00
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	-	\$9.00
1953	Diabetic Socks, White, Medium 3-pack	3 pair	-	\$9.00
1954	Diabetic Socks, White, Large 3-pack	3 pair	-	\$9.00
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	-	\$9.00
Ear Care				
1742	Cotton Tipped Swabs	300 ct	-	\$5.50

Item #	Product	Packaging	Strength	Price
1841	Ear Pain Relief Ear Drops	10 ml	-	\$13.00
1190	Ear Wax Removal Drops	15 ml	6.5%	\$7.00
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$9.00
Eye Care				
1192	Artificial Tears Drops	.5 oz	-	\$6.00
1194	Artificial Tears Ointment	3.5 gm	-	\$9.00
1199	Clear Eyes Eye Drops	.2 oz	-	\$6.00
1468	Multi-Purpose Contact Lens Solution	4 oz	-	\$8.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.00
First Aid & Medical Supplies				
1344	Adhesive Bandages *	60 ct	-	\$6.00
1803	After Bite Relief	.5 oz	-	\$10.00
1200	Alcohol Pads *	100 ct	70%	\$5.00
1808	Antiseptic Skin Cleanser	8 oz	-	\$11.00
1201	Antiseptic Towelettes	100 ct	-	\$7.50
1020	Bacitracin Ointment	1 oz	500 U / gm	\$6.50
1459	Bath Mat, Non-Skid	1 ct	-	\$15.00
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd *	12 ct	-	\$8.00
1763	Cotton Balls	200 ct	-	\$4.50
1669	Cotton Tipped Applicator - 6"	1000 ct	-	\$11.50
1732	Cushion, Foam Ring	1 ct	-	\$22.00
1466	Cushion, Gel / Foam Seat	1 ct	-	\$30.00
1731	Cushion, Lumbar	1 ct	-	\$20.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$6.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$6.50
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$7.00
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$8.00
1846	Fast Freeze, Pain Relief Spray	4 oz	-	\$13.50
1215	First Aid Kit, 75 Pieces	1 ct	-	\$10.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$15.00
1726	Folding Cane Ergonomic Handle *	1 ct	-	\$20.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$9.00
1228	Hydrogen Peroxide	16 oz	3%	\$5.00

Item #	Product	Packaging	Strength	Price
1796	Insect Repellant Spray - Deet	4 oz	30%	\$12.00
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$6.50
1798	Knurled Chrome Grab Bar - 12"	1 ct	-	\$19.00
1797	Knurled Chrome Grab Bar - 24"	1 ct	-	\$22.00
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$12.00
1326	Neosporin Plus	.5 oz	-	\$10.00
1840	Nitrile Exam Gloves	100 ct	-	\$12.00
1203	Povidone Iodine Solution Antiseptic	4 oz	-	\$7.50
1777	Quad Cane, Small Base *	1 ct	-	\$25.00
1776	Quad Cane, Large Base *	1 ct	-	\$28.00
1713	Rubbing Alcohol	16 oz	70%	\$6.00
1460	Shower Mat, Non-Skid	1 ct	-	\$17.50
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$6.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$7.50
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$6.50
1285	Thermometer, Digital Ear	1 ct	-	\$25.00
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$11.00
1014	Triple Antibiotic Ointment	1 oz	-	\$8.00
Foot Care				
1238	Callus Remover Pads	6 ct	-	\$8.00
1236	Corn Remover Pads	9 ct	-	\$7.50
1240	Medicated Foot Powder	5 oz	-	\$7.50
Hemorrhoidal Preparations				
1066	Hemorrhoidal Ointment	2 oz	-	\$9.00
1247	Hemorrhoidal Suppository	12 ct	-	\$7.00
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$9.00
1248	Preparation H Cream	26 gm	-	\$12.00
1895	Preparation H Medicated Wipes	48 ct	-	\$11.00
Incontinence Supplies				
1300	A & D Ointment	2 oz	-	\$7.00

Item #	Product	Packaging	Strength	Price
1303	Adult Briefs, Medium - 32" to 44" *	12 ct	-	\$16.00
1304	Adult Briefs, Large - 45" to 58" *	12 ct	-	\$16.00
1305	Adult Briefs, X-Large - 59" to 64" *	15 ct	-	\$16.00
1811	Attends Discreet Men's Guard	20 ct	-	\$14.00
1810	Attends Discreet Men's Shield	20 ct	-	\$13.00
1813	Attends Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$15.50
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$22.00
1815	Attends Discreet Women's Panty Liner	28 ct	-	\$9.00
1816	Attends Discreet Women's Ultrathin Pad	20 ct	-	\$11.00
1302	Barrier Cream	4 oz	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency *	24 ct	-	\$17.00
1479	Bladder Control Shaped Pad, Heavy Absorbency *	24 ct	-	\$17.00
1480	Bladder Control Shaped Pad, Maximum Absorbency *	18 ct	-	\$17.00
1021	Disposable Underwear, Medium - 34" to 44" *	20 ct	-	\$16.00
1026	Disposable Underwear, Large - 44" to 58" *	18 ct	-	\$16.00
1027	Disposable Underwear, X-Large - 58" to 68" *	14 ct	-	\$16.00
1928	Flushable Wipes	24 ct	-	\$8.00
1476	Underpad, Disposable - 23" x 24" *	50 ct	-	\$16.00
1299	Underpad, Disposable - 23" x 36" *	25 ct	-	\$12.00
1477	Underpad, Disposable - 30" x 30" *	10 ct	-	\$10.00
1348	Washcloth with Lanolin	64 ct	-	\$8.50
In-Home Diagnostics				
1501	Blood Pressure Monitor, Wrist ‡	1 ct	-	\$30.00
1789	Peak Flow Meter ‡	1 ct	-	\$17.00
Motion Sickness				
1263	Driminate Antiemetic	12 ct	50 mg	\$7.00
1366	Meclizine HCL Antiemetic	100 ct	12.5 mg	\$9.00
1001	Acetaminophen	100 ct	325 mg	\$6.50
Pain Relievers & Fever Reducers				
1600	Acetaminophen	100 ct	500 mg	\$7.00
1104	Aleve	100 ct	220 mg	\$17.25

Item #	Product	Packaging	Strength	Price
1311	Arthritis Pain Reliever	100 ct	650 mg	\$12.00
1095	Aspirin	100 ct	325 mg	\$5.50
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$6.00
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$6.00
1802	Aspirin, Low Dose, Chewables	36 ct	81 mg	\$5.50
1367	Capsaicin External Analgesic	2 oz	0.025%	\$9.50
1861	Heating Pad, 12" X 15" *	1 ct	-	\$26.00
1859	HeatWraps - Back & Hip	2 ct	-	\$11.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct	-	\$11.00
1004	Ibuprofen	100 ct	200 mg	\$8.00
1871	Lidocaine Patch	5 ct	4%	\$13.00
1923	Menthol Gel	8 oz	2%	\$9.00
1365	Migraine Relief	100 ct	250 mg, 250 mg, 65 mg	\$8.00
1097	Naproxen	100 ct	220 mg	\$10.00
1332	Pain Reliever, PM - Extra Strength	100 ct	500 mg, 25 mg	\$9.00
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$6.00
1739	Salonpas Pain Relief Patches	5 ct	-	\$14.00
1261	Wellpatch Migraine	4 ct	-	\$10.00
Pediculicide (lice treatment)				
1929	Lice Elimination Kit	1 kit	-	\$29.00
1271	Lice Treatment Shampoo	4 oz	-	\$11.00
1269	Permethrin Lice Treatment	59 ml	1%	\$16.00
Personal Care				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$8.50
1368	Ammonium Lactate Moisturizing Lotion	8 oz	12%	\$12.00
1065	Hand Sanitizer	8 oz	-	\$4.50
Sleep Aids				
1724	Nasal Strips, Medium	30 ct	-	\$13.00
1725	Nasal Strips, Large	30 ct	-	\$13.00
1276	Sleep Tablets	50 ct	25 mg	\$7.50
Smoking Cessation				
1372	Nicorelief Gum ‡	50 ct	4 mg	\$25.00
Supportive Items				
1225	Ankle Support	1 ct	-	\$10.00

Item #	Product	Packaging	Strength	Price
1767	Arthritis Gloves, Small	1 pair	-	\$27.00
1766	Arthritis Gloves, Medium	1 pair	-	\$27.00
1765	Arthritis Gloves, Large	1 pair	-	\$27.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$23.00
1488	Back Support Elastic with Lumbar	1 ct	-	\$27.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$25.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$25.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$25.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$18.00
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$18.00
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$18.00
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$18.00
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$18.00
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$18.00
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$18.00
1406	Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$18.00
1407	Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$18.00
1408	Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$18.00
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct	-	\$24.00
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct	-	\$24.00
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct	-	\$24.00
1224	Elbow Support	1 ct	-	\$15.00
1465	Knee Stabilizer	1 ct	-	\$23.00
1481	Knee Support, Elastic, Small	1 ct	-	\$11.00
1482	Knee Support, Elastic, Medium	1 ct	-	\$11.00
1483	Knee Support, Elastic, Large	1 ct	-	\$11.00
1484	Knee Support, Elastic, Small with Stays	1 ct	-	\$19.00

Item #	Product	Packaging	Strength	Price
1485	Knee Support, Elastic, Medium with Stays	1 ct	-	\$19.00
1486	Knee Support, Elastic, Large with Stays	1 ct	-	\$19.00
1463	Night Wrist Support Smart Glove	1 ct	-	\$30.00
1457	Rib Belt - Female (one size fits most)	1 ct	-	\$19.00
1456	Rib Belt - Male (one size fits most)	1 ct	-	\$19.00
1230	Wrist Splint	1 ct	-	\$22.00
1227	Wrist Support	1 ct	-	\$10.00
Therapeutic Skin & Sun Care				
1821	Calamine Lotion	6 oz	-	\$7.00
1893	Moisturizing Body Lotion with Aloe	8 oz	-	\$7.50
1852	Scar Gel	50 gm	-	\$15.00
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$7.50
Vitamins & Minerals				
1805	Airborne Immune Support Chewables ‡	32 ct	-	\$16.00
1820	Biotin Gummy ‡	60 ct	5,000 mcg	\$13.00
1373	Calcium + Vitamin D ‡	60 ct	600 mg / 400 u	\$7.00
1823	Calcium + Vitamin D Gummy ‡	60 ct	500 mg, 1000 IU	\$13.00
1291	Calcium Carbonate Supplement Tablets ‡	60 ct	600 mg	\$7.00
1420	Centrum Silver Chewables ‡	60 ct	-	\$18.00
1829	Coenzyme Q-10 ‡	30 ct	50 mg	\$12.00
1385	Daily Multiple Vitamin Tablets with Minerals ‡	100 ct	-	\$8.50
1393	Daily Multivitamin ‡	100 ct	-	\$8.00
1375	Ferrous Gluconate Iron Supplement ‡	100 ct	240 mg	\$7.50
1376	Ferrous Sulfate Iron Supplement ‡	100 ct	325 mg	\$7.50
1155	Fiber Tablets ‡	60 ct	500 mg	\$10.00
1741	Fish Oil, Soft Gels ‡	60 ct	1000 mg	\$8.00
1849	Flaxseed ‡	100 ct	1000 mg	\$11.00
1850	Folic Acid ‡	100 ct	800 mcg	\$6.50
1003	Glucosamine / Chondroitin ‡	60 ct	250 mg, 200 mg	\$12.00
1114	Glucosamine Joint / Muscle ‡	60 ct	500 mg	\$11.00
1866	Immune Support Chewables ‡	50 ct	-	\$11.50
1417	Iron ‡	110 ct	27 mg	\$8.00
1869	Leg Cramps Pain Relief Caplets ‡	50 ct	-	\$14.00

Item #	Product	Packaging	Strength	Price
1418	Magnesium ‡	110 ct	250 mg	\$7.00
1377	Magnesium Oxide ‡	100 ct	250 mg	\$8.00
1879	Melatonin ‡	100 ct	5 mg	\$12.00
1378	Niacin ‡	100 ct	100 mg	\$6.00
1886	One Daily Men's Multivitamin ‡	100 ct	-	\$10.00
1887	One Daily Women's Multivitamin ‡	100 ct	-	\$10.00
1395	Rena-Vite ‡	100 ct	-	\$13.50
1392	Senior Multivitamin ‡	90 ct	-	\$11.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$10.00
1379	Vitamin A ‡	100 ct	10,000 iu	\$8.00
1016	Vitamin B-1 ‡	100 ct	100 mg	\$7.50
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$11.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$8.00
1382	Vitamin B-Complex ‡	100 ct	-	\$8.00
1915	Vitamin B-Complex Gummy ‡	70 ct	-	\$13.00
1017	Vitamin C ‡	100 ct	500 mg	\$7.50
1916	Vitamin C Gummy ‡	60 ct	250 mg	\$12.00
1390	Vitamin D ‡	100 ct	1000 iu	\$9.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 iuw	\$11.00
1419	Zinc Chelated ‡	100 ct	50 mg	\$7.00
Wart Remover				
1288	Dr. Scholl's Wart Removal System	20 ct	-	\$15.00
1075	Wart Remover, Liquid	9 ml	17%	\$10.00
1289	Wartners Wart Removal System	1 ct	-	\$19.00
Weight Loss				
1735	Vitafusion Fiber Weight Management ‡	90 ct	-	\$17.50

* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (*).

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

ORDER GUIDELINES



ORDER ONLINE

You may place an order online using your Independence Blue Cross OTC website at www.ibxmedicare.com/otc. Remember to save your username and password to order again during your next benefit period



ORDER BY MAIL

You may place your order by mailing in the order form that comes with your catalog.

If the end of the benefit period is approaching and you do not think your order form will be received in time, you may order online or call in your order.



ORDER BY PHONE

If you have questions or would like to place an order over the phone, OTC Advocates are available Monday – Friday from 8 a.m. to 11 p.m. EST at 1-844-271-8565 (TTY: 711).

- Initial orders must be delivered and accepted by the Plan Member within five (5) to seven (7) business days of Company's receipt of the request in any form.
- You must use your full benefit amount in one order within a benefit period. Unused benefits will **not** roll over into the next quarter.
- Your order total may not exceed your benefit amount. Cash, checks, credit cards or money orders are not accepted under this OTC benefit
- Your order total will be applied to the benefit period in which the order is received
- OTC products are intended for member use only to help with a health or medical need. Independence Blue Cross prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted.
- Items in the OTC catalog may change throughout the year. For the most up-to-date listing of OTC products available, go to www.ibxmedicare.com/otc.
- OTC items are available through home delivery only. Products may not be purchased at a local retail pharmacy or through any source other than the Independence Blue Cross OTC benefit channels listed above.

NOTICES

- If you disenroll from Independence Blue Cross, your OTC benefit will automatically terminate.
- Independence Blue Cross offers Medicare Advantage plans with a Medicare contract. Enrollment in Independence Medicare Advantage plans depends on contract renewal.
- The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- Independence Blue Cross offers products through its subsidiaries Independence Hospital Indemnity Plan, Keystone Health Plan East and QCC Insurance Company, and with Highmark Blue Shield — independent licensees of the Blue Cross and Blue Shield Association.
- The Independence OTC benefit is underwritten by Keystone Health Plan East and QCC Insurance Company and is administered by Convey Health Solutions, Inc., an independent company.
- If you have any questions and are a Keystone 65 member, call 1-800-645-3965 (TTY/TDD: 711). If you have any questions and are a Personal Choice 65 member, call 1-888-718-3333 (TTY/TDD: 711). Our Member Help Team is available seven days a week, 8 a.m. to 8 p.m. Please note that on weekends and holidays from April 1 through September 30, your call may be sent to voicemail.

Language Assistance Services

Spanish: ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

Chinese: 注意: 如果您讲中文, 您可以得到免费的语言协助服务。致电 1-800-275-2583。

Korean: 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

Portuguese: ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

Gujarati: સૂચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

Russian: ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

Polish: UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

Italian: ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

Arabic: لہجہ وظہ: ادا لفقہتحدث للغة العربية فإن خدمات المساعدة لغوية متاحة لك بالمال الاتصال برقم 1-800-275-2583.

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

French: ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

Pennsylvania Dutch: BASS UFF: Wann du Pennsylvania Deitsch schwetzsch, kantscht du Hilf grieg in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। कॉल करें 1-800-275-2583।

German: ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

Japanese: 備考: 母国語が日本語の方は、言語アシスタンスサービス(無料)をご利用いただけます。1-800-275-2583へお電話ください。

Persian (Farsi):

توجه: اگر ای سی صحبت می کنید، خدمات مترجم به صورت رایگان برای شما فراهم می باشد. شماره 1-800-275-2583 تماس بگیرید.

Navajo: D77 baa ak0 n7n7zin: D77 saad bee y1n7[ti'go Diné Bizaad, saad bee 1k1'1n7da'1wo'd66', t'11 jiik'eh. H0d77lnih koj8' 1-800-275-2583.

Urdu:

توجه: اگر اردو زبان بولتے ہیں، تو آپ کے لئے فہت میں زبان معاون خدمات دستیابی کی کریں. 1-800-275-2583.

Mon-Khmer, Cambodian: សូមមេត្តាចាប់អារម្មណ៍: ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ-ខ្មែរ

ភាសាខ្មែរ នោះជំនួយផ្នែកភាសាខ្មែរមានផ្តល់ជូនដល់លោកអ្នកដោយឥតគិតថ្លៃ។ ទូរស័ព្ទទៅលេខ 1-800-275-2583។

Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: civilrightscoordinator@1901market.com. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Independence 

www.ibxmedicare.com/otc

STEP 2 - PRODUCT SELECTION (Continued)

Cash, checks, credit cards or money orders are not accepted under this OTC benefit

Item #	Product	Quantity	Unit Price	TOTAL
6	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
7	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
8	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
9	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
10	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
11	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
12	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
13	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
14	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
15	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
16	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
17	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
18	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
19	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
20	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
Subtotal				\$ <input type="text"/> . <input type="text"/>

Please mail the completed form back in the postage-paid envelope provided.

If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29, but we receive it on July 1, your order total will be applied to your July benefit, not your June benefit.

*Some items in this catalog are considered dual purpose and have been marked with a †. These items do not require a prescription, but should only be ordered after discussing the item(s) with your physician who recommended the item(s) for a specific condition or health care need. **By adding these items to your order, you are attesting that you have discussed the use of these items with your primary care physician and other doctors as appropriate.***