

Personal Choice 65SM Saver Rx (PPO) offered by QCC Insurance Company

Annual Notice of Changes for 2024

You are currently enrolled as a member of Personal Choice 65 Saver Rx. Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.*

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at www.ibxmedicare.com/EOC. You may also call our Member Help Team to ask us to mail you an *Evidence of Coverage*.

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

Wh	Vhat to do now			
1.	ASK: Which changes apply to you			
	Check the changes to our benefits and costs to see if they affect you.			
	Review the changes to Medical care costs (doctor, hospital).			
	 Review the changes to our drug coverage, including authorization requirements and costs. 			
	• Think about how much you will spend on premiums, deductibles, and cost-sharing.			
	Check the changes in the 2024 "Drug List" to make sure the drugs you currently take are still covered.			
	Check to see if your primary care doctors, specialists, hospitals, and other providers, including pharmacies, will be in our network next year.			
	Think about whether you are happy with our plan.			
2.	COMPARE: Learn about other plan choices			
	Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your Medicare & You 2024 handbook.			
	Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.			

- 3. CHOOSE: Decide whether you want to change your plan
 - If you don't join another plan by December 7, 2023, you will stay in Personal Choice 65 Saver Rx.

- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1**, **2024**. This will end your enrollment with Personal Choice 65 Saver Rx.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- Please contact our Member Help Team number at 1-888-718-3333 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., seven days a week. Please note that on weekends and holidays from April 1 through September 30, your call may be sent to voicemail. This call is free.
- To receive this document in an alternate format such as braille, large print or audio, please contact our Member Help Team.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About Personal Choice 65 Saver Rx

- Personal Choice 65 offers PPO plans with a Medicare contract. Enrollment in Personal Choice 65 Medicare Advantage plans depends on contract renewal.
- When this document says "we," "us," or "our," it means QCC Insurance Company. When it says "plan" or "our plan," it means Personal Choice 65 Saver Rx.

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Summary of Important Costs for 2024

The table below compares the 2023 costs and 2024 costs for Personal Choice 65 Saver Rx in several important areas. **Please note this is only a summary of costs**.

Cost	2023 (this year)	2024 (next year)
Monthly plan premium*	\$0	\$0
* Your premium may be higher than this amount. See Section 1.1 for details.		
Maximum out-of-pocket amount This is the most you will pay	From network providers: \$7,550	From network providers: \$8,300
out of pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	From network and out-of-network providers combined: \$11,300	From network and out-of-network providers combined: \$11,300
Doctor office visits	Primary care visits:	Primary care visits:
	\$10 copayment per visit	\$10 copayment per visit
	Specialist visits:	Specialist visits:
	\$50 copayment per visit	\$50 copayment per visit
Inpatient hospital stays	\$350 copayment per day for days 1-5 per admission	\$375 copayment per day for days 1-5 per admission
	\$1,750 maximum copayment per admission	\$1,875 maximum copayment per admission
Part D prescription drug	Deductible: \$0	Deductible: \$0
coverage (See Section 1.5 for details.)	Copayment/Coinsurance during the Initial Coverage Stage at a standard pharmacy:	Copayment/Coinsurance during the Initial Coverage Stage at a standard pharmacy:
	Drug Tier 1: \$9	 Drug Tier 1: \$9
	 Drug Tier 2: \$20 	 Drug Tier 2: \$20
	 Drug Tier 3: \$47 	 Drug Tier 3: \$47
(continued)	You pay \$35 per month supply of each covered insulin	You pay \$35 per month supply of each covered insulin

Cost	2023 (this year)	2024 (next year)
Part D prescription drug	product on this tier.	Product on this tier.
coverage (continued)	 Drug Tier 4: \$100 	 Drug Tier 4: \$100
	You pay \$35 per month supply of each covered insulin product on this tier.	You pay \$35 per month supply of each covered insulin product on this tier.
	 Drug Tier 5: 33% 	 Drug Tier 5: 33%
	You pay \$35 per month supply of each covered insulin product on this tier.	You pay \$35 per month supply of each covered insulin product on this tier.
	Copayment/Coinsurance during the Initial Coverage Stage at a preferred pharmacy:	Copayment/Coinsurance during the Initial Coverage Stage at a preferred pharmacy:
	 Drug Tier 1: \$0 	Drug Tier 1: \$0
	 Drug Tier 2: \$8 	Drug Tier 2: \$8
	 Drug Tier 3: \$47 	 Drug Tier 3: \$47
	 You pay \$35 per month supply of each covered insulin product on this tier. 	 You pay \$35 per month supply of each covered insulin product on this tier.
	 Drug Tier 4: \$100 	 Drug Tier 4: \$100
	 You pay \$35 per month supply of each covered insulin product on this tier. 	 You pay \$35 per month supply of each covered insulin product on this tier.
	 Drug Tier 5: 33% 	 Drug Tier 5: 33%
	 You pay \$35 per month supply of each covered insulin product on this tier. 	 You pay \$35 per month supply of each covered insulin product on this tier.
	Catastrophic Coverage:	Catastrophic Coverage:
	 During this payment stage, the plan pays most of the cost for your covered drugs. 	 During this payment stage, the plan pays the full cost for your covered Part D drugs. You pay nothing.
(continued)	 For each prescription, 	rou pay nouning.

Cost	2023 (this year)	2024 (next year)
Part D prescription drug coverage (continued)	you pay whichever of these is larger: a payment equal to 5% of the cost of the drug (this is called coinsurance), or a copayment (\$4.15 for a generic drug or a drug that is treated like a generic, and \$10.35 for all other drugs).	

SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2023 (this year)	2024 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	\$0	\$0
Part B premium reduction	\$51	\$57

- Your monthly plan premium will be more if you are required to pay a lifetime Part D late
 enrollment penalty for going without other drug coverage that is at least as good as
 Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amounts

Cost	2023 (this year)	2024 (next year)
In-network maximum out-of- pocket amount	\$7,550	\$8,300 Once you have paid
Your costs for covered medical services (such as copays) from		\$8,300 out of pocket for covered Part A and Part B

Cost	2023 (this year)	2024 (next year)
network providers count toward your in-network maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		services, you will pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.
Combined maximum out-of-pocket amount Your costs for covered medical services (such as copays) from innetwork and out-of-network providers count toward your combined maximum out-of-pocket amount. Your costs for outpatient prescription drugs do not count toward your maximum out-of-pocket amount for medical services.	\$11,300	\$11,300 Once you have paid \$11,300 out of pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.

Medicare requires all health plans to limit how much you pay out of pocket for the year. These limits are called the maximum out-of-pocket amount. Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Section 1.3 – Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at www.ibxmedicare.com. You may also call our Member Help Team for updated provider and/or pharmacy information or to ask us to mail you a directory, which we will mail within three business days.

There are changes to our network of providers for next year. Please review the 2024 *Provider/Pharmacy Directory* to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. Please review the 2024 *Provider/Pharmacy Directory* to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact our Member Help Team so we may assist.

Section 1.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2023 (this year)	2024 (next year)
Acupuncture for chronic low back pain	You pay a \$20 copay per Medicare-covered and routine visit.	You pay a \$15 copay per Medicare-covered and routine visit.
Chiropractic Services	You pay a \$20 copay per visit.	You pay a \$15 copay per visit.
Chiropractic services - Routine	You pay a \$20 copay per visit.	You pay a \$15 copay per visit.
Emergency care	You pay a \$95 copay per visit.	You pay a \$100 copay per visit.
Emergency care - Worldwide	You pay a \$95 copay per visit.	You pay a \$100 copay per visit.
Inpatient services in a psychiatric hospital	You pay a \$350 copay per day for days 1-5 per admission	You pay a \$375 copayment per day for days 1-5 per admission
	\$1,750 maximum copayment per admission	\$1,875 maximum copayment per admission
Outpatient diagnostic tests and therapeutic services and supplies – Radiation Therapy	You pay a \$60 copay per visit.	You pay a \$75 copay per visit.
Skilled nursing facility (SNF) care	You pay a \$0 copay per day for days 1 – 20.	You pay a \$0 copay per day for days 1 – 20.
	\$196 copay per day for days 21-100	\$203 copay per day for days 21-100
Telemedicine visits	MDLIVE must be used for telemedicine visits.	Teladoc Health must be used for telemedicine visits.
(continued)	Telemedicine is offered through MDLIVE.	Telemedicine is offered through Teladoc Health.

Cost	2023 (this year)	2024 (next year)
Telemedicine visits (continued)	Telemedicine for the following services is covered:	Telemedicine for the following services is covered:
	You pay a \$0 copay for medical doctor visits focused on non-urgent medical conditions by a statelicensed physician.	You pay a \$0 copay for general medical visits focused on non-emergency conditions (e.g., flu, allergies, coughs, sore
	You pay a \$0 copay for behavioral health visits focused on therapy and	throats, rashes, and more) by connecting to a state-licensed physician.
	counseling services. You pay a \$0 copay for dermatology visits focused on treating and diagnosing skin, hair, and nail conditions.	You pay a \$0 copay for mental/behavioral health visits focused on therapy and counseling services by connecting to a statelicensed therapist or psychiatrist.
	Telemedicine physicians are available 24/7, 365 days per year.	You pay a \$0 copay for dermatology consultations focused on diagnosing and treating skin, hair, and nail conditions by connecting members to board-certified dermatologists.
		Access to the Teladoc platform and scheduling support available 24/7, 365 days per year.
		Members will access Teladoc by toll-free phone, secure video chat, or through a secure website/phone application.
(continued)		Members must complete a comprehensive medical history assessment, either online or by telephone with a designated Teladoc Health representative, prior to receiving telemedicine services.

Cost	2023 (this year)	2024 (next year)
Telemedicine visits (continued)		Mental/behavioral health visits must be scheduled via the online platform at www.teladochealth.com/sign in. Visits cannot be scheduled by phone. Members must complete a mental health assessment via the website platform prior to scheduling.
Urgently needed services	You pay a \$40 copay per urgent care center visit.	You pay a \$55 copay per urgent care center visit.
Urgently needed services - Worldwide	You pay a \$95 copay per visit.	You pay a \$100 copay per visit.

Section 1.5 – Changes to Part D Prescription Drug Coverage

Changes to Our "Drug List"

Our list of covered drugs is called a Formulary or "Drug List." A copy of our "Drug List" is provided electronically.

We made changes to our "Drug List," which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. Review the "Drug List" to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.

Most of the changes in the "Drug List" are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online "Drug List" to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact our Member Help Team for more information.

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate

insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the Low-Income Subsidy Rider or the LIS Rider), which tells you about your drug costs. If you receive "Extra Help" and you haven't received this insert by September 30, 2023, please call our Member Help Team and ask for the LIS Rider.

There are four **drug payment stages**. The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Changes to the Deductible Stage

Stage	2023 (this year)	2024 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

Changes to Your Cost-sharing in the Initial Coverage Stage

Stage	2023 (this year)	2024 (next year)
Stage 2: Initial Coverage Stage During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.	Your cost for a one-month supply at a network pharmacy:	Your cost for a one-month supply at a network pharmacy:
	Preferred Generic Tier (Tier 1):	Preferred Generic Tier (Tier 1):
The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of</i>	Standard cost-sharing:	Standard cost-sharing:
	You pay \$9 per prescription.	You pay \$9 per prescription.
	Preferred cost-sharing:	Preferred cost-sharing:
	You pay \$0 per prescription.	You pay \$0 per prescription.
Most adult Part D vaccines are covered at no cost to you.	Generic Tier (Tier 2):	Generic Tier (Tier 2):
	Standard cost-sharing:	Standard cost-sharing:
We changed the tier for some of the drugs on our "Drug List." To see if your drugs will be in a different tier, look them up on the "Drug List."	You pay \$20 per prescription.	You pay \$20 per prescription.
	Preferred cost-sharing:	Preferred cost-sharing:
	You pay \$8 per prescription.	You pay \$8 per prescription.
(continued)		

Stage	2023 (this year)	2024 (next year)
Stage 2: Initial Coverage Stage (continued)	Preferred Brand Tier (Tier 3):	Preferred Brand Tier (Tier 3):
	Standard cost-sharing:	Standard cost-sharing:
	You pay \$47 per prescription.	You pay \$47 per prescription.
	Preferred cost-sharing:	Preferred cost-sharing:
	You pay \$47 per prescription.	You pay \$47 per prescription.
	Non-Preferred Drug Tier (Tier 4):	You pay \$35 per month supply of each covered insulin product on this tier.
	Standard cost-sharing:	
	You pay \$100 per prescription.	Non-Preferred Drug Tier (Tier 4):
	Preferred cost-sharing:	Standard cost-sharing:
	You pay \$100 per prescription.	You pay \$100 per prescription.
	Specialty Tier (Tier 5):	Preferred cost-sharing:
	Standard cost-sharing:	You pay \$100 per prescription.
	You pay 33% of the total cost.	You pay \$35 per month supply of each covered
	Preferred cost-sharing:	insulin product on this tier.
	You pay 33% of the total cost.	Specialty Tier (Tier 5):
		Standard cost-sharing:
	Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).	You pay 33% of the total cost.
		Preferred cost-sharing:
		You pay 33% of the total cost.
		You pay \$35 per month supply of each covered insulin product on this tier.
		Once your total drug costs have reached \$5,030, you will move to the next stage (the Coverage Gap Stage).

Changes to the Coverage Gap and Catastrophic Coverage Stages

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage**.

Beginning in 2024, if you reach the Catastrophic Coverage Stage, you pay nothing for covered Part D drugs.

For specific information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage*.

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in Personal Choice 65 Saver Rx

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our Personal Choice 65 Saver Rx.

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2024 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan.
- OR— You can change to Original Medicare. If you change to Original Medicare, you
 will need to decide whether to join a Medicare drug plan. If you do not enroll in a
 Medicare drug plan, please see Section 1.1 regarding a potential Part D late enrollment
 penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the Medicare & You 2024 handbook, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

As a reminder, QCC Insurance Company offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from Personal Choice 65 Saver Rx.
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from Personal Choice 65 Saver Rx.
- To change to Original Medicare without a prescription drug plan, you must either:
 - Send us a written request to disenroll. Contact our Member Help Team if you need more information on how to do so.
 - or Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 3 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2024.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2024, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2024.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 4 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Pennsylvania, the SHIP is called Pennsylvania Medicare Education and Decision Insight (PA MEDI).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. PA MEDI counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call PA MEDI at 1-800-783-7067. You can learn more about PA MEDI by visiting their website (www.aging.pa.gov/aging-services/medicare-counseling/Pages/default.aspx).

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs, including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call 1-800-325-0778; or
 - Your state Medicaid office (applications).

- Help from your state's pharmaceutical assistance program. Pennsylvania has a
 program called Pharmaceutical Assistance Contract for the Elderly (PACE) that helps
 people pay for prescription drugs based on their financial need, age, or medical
 condition. To learn more about the program, check with your State Health Insurance
 Assistance Program.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/underinsured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Pennsylvania Office of Medical Assistance Programs (OMAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call the Pennsylvania Office of Medical Assistance Programs (OMAP) at 1-800-922-9384.

SECTION 6 Questions?

Section 6.1 – Getting Help from Personal Choice 65 Saver Rx

Questions? We're here to help. Please call our Member Help Team at 1-888-718-3333. (TTY/TDD: 711). We are available for phone calls seven days a week from 8 a.m. to 8 p.m. Please note that on weekends and holidays from April 1 through September 30, your call may be sent to voicemail. Calls to these numbers are free.

Read your 2024 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2024. For details, look in the *Evidence of Coverage* for Personal Choice 65 Saver Rx. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.ibxmedicare.com/EOC. You may also call our Member Help Team to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.ibxmedicare.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider/Pharmacy Directory*) and our *List of Covered Drugs* (*Formulary/"Drug List"*).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

Read Medicare & You 2024

Read the *Medicare & You 2024* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Telemedicine is provided by Teladoc Health, an independent company.

MDLIVE, by Evernorth, an independent company.

Benefits underwritten by QCC Insurance Company, a subsidiary of Independence Blue Cross — independent licensees of the Blue Cross and Blue Shield Association.