

## Get active with SilverSneakers®

With your Independence Blue Cross (Independence) Medicare Advantage coverage, you are eligible for SilverSneakers at no additional cost.

Check out some of the perks of the SilverSneakers fitness program:

- Access to basic amenities at 16,000+ participating locations
- Classes for all fitness levels with support from trained instructors
- Health and nutrition tips

**NEW!** You can now earn tuition discount points for a student you know who's saving for college, simply by using your SilverSneakers benefit.\* To learn more please visit [www.collegesave.org/silversneakers](http://www.collegesave.org/silversneakers).

To request your SilverSneakers ID card, find fitness locations, and get additional details visit [www.SilverSneakers.com](http://www.SilverSneakers.com) or call **1-888-423-4632 (TTY:711)**, Monday through Friday, 8 a.m. to 8 p.m. Eastern Time.



\* Tuition discount points are spread over four years and are good for up to one full year of tuition credits at participating colleges and universities.

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Independence Blue Cross offers Medicare Advantage plans with a Medicare contract. Enrollment in Independence Medicare Advantage plans depends on contract renewal.

Personal Choice 65 PPO is underwritten by QCC Insurance Company. Keystone 65 HMO is underwritten or administered by Keystone Health Plan East. QCC Insurance Company and Keystone Health Plan East are subsidiaries of Independence Blue Cross — independent licensees of the Blue Cross and Blue Shield Association.

Independence Blue Cross complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-275-2583 (TTY/TDD: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-275-2583 (TTY/TDD: 711)。